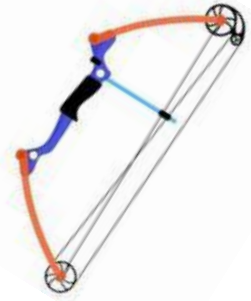




La Pietra Lady Panthers Archery Team 2024

(updated 2/23/24)



Coaches: Brent Trujillo (Certified NASP Archery Coach & LP Teacher)
Ross Kinsler (Certified NASP Archery Coach & Athletic Director)

Emphasis on:

- Developing enthusiasm for the sport (having fun)
- Developing teamwork, sportsmanship, & fair play
- Learning the safety rules of the sport of Archery
- Introduction to proper form & technique required for international style archery competition
- Learning the National Archery in the Schools Program's (NASP) 11 Steps to Archery Success
- Competing at the NASP Hawaii State Archery Championships

Season Schedule:

**** First Practice: Monday, February 26, 2024 3:15 PM – 4:45 PM @ LP Gym**

Practice Days will be: Mondays & Wednesdays 3:15 PM – 4:45 PM in the LP Gym

Spring Break Scrimmages & Practices:

- **Scrimmage vs. SHA Saturday, March 16th 10:00 AM – 12:30 PM @ La Pietra gym**
- **Wednesday, March 20th Archery Practice 10:00 AM – 12:00 PM @ La Pietra gym**
- **Scrimmage vs. SHA Thursday, March 21st from 10:00 AM – 12:30 PM @ Sacred Hearts Academy gym (3253 Waiālae Ave, Honolulu, HI 96816)**

NASP Hawaii State Championships: Saturday, April 6, 2024
8:00 AM – 2:00 PM
Wahiawa Middle School

Contact:

Coach Brent Trujillo at btrujillo@lapietra.edu

Athletic Director Ross Kinsler at rkinsler@lapietra.edu or call at (808) 282-8300