



**2023 - 2024 LA PIETRA SPRING SPORTS OFFERINGS,  
START DATES, COACHES CONTACT INFO  
(updated 1/19/24)**

**6th GRADE TENNIS (grade 6 only)**

**1st Day of Practice:** Monday, Jan 8th from 3:15 PM - 4:30 PM on the La Pietra Tennis Court  
Practices will continue on Mondays / Wednesdays through Jan 31st  
Head Coach: Sam Wiseman ( Email: swiseman@lapietra.edu)

**Pac-5 INTERMEDIATE & VARSITY SOFTBALL (grades 7 - 12 only)**

**Intermediate:** 1st Day of Tryouts Begins Monday, Jan 22nd 4:00 PM - 6:00 PM @ Sand Island Field  
Practices will continue Mon - Fri 4:00 PM - 6:00 PM @ Sand Island Field  
**Varsity:** 1st Day of Tryouts Begins Monday, Feb. 5th 4:00 PM - 6:00 PM Sand Island Field  
Practices will continue Mon - Fri 4:00 PM - 6:00 PM @ Sand Island Field  
Head Coach: Blake Lau (Email: Blau1961@hotmail.com)

**PAC-5 INTERMEDIATE, JV, & VARSITY JUDO (grades 7th - 12th only)**

**1st Day of Practice:** Monday January 29th 4:00 - 5:30 PM  
at Cedar Assembly of God Church (620 Waipa Lane, Honolulu, 96817)  
Practices will continue on Mon - Fri 4:00 PM - 5:30 PM @ Cedar Assembly of God Church  
Head Coach: Duane Nakamura (Email: duanenakamura1970@gmail.com)

**LA PIETRA INTERMEDIATE, JV, & VARSITY TRACK (w/ SHA) (7th - 12th grade only)**

**1st Day of Practice:** Monday, Feb 5th 3:30 PM - 5:30 PM @ SHA or Kaimuki HS Track  
Practices will continue: Mon / Wed / Fri 3:30 PM - 5:30 PM @ Kaimuki HS Track  
Tues / Thurs 3:30 PM - 4:45 PM @ Sacred Hearts  
Head Coach: Lew Biven (Email: lewbiven@gmail.com)

**Varsity Sailing (w/ Sacred Hearts Academy) (9th - 12th grade only)**

**1st Day of Tryouts:** Monday, February 5th from 4:00 PM - 5:30 PM at the Hawaii Yacht Club  
Practices will continue on Mondays / Wednesdays or Tues/Thurs through April 30th  
once tryouts are completed  
Head Coach: Melody Hernandez (Email: fernandez2020melody@gmail.com)

**INTERMEDIATE & VARSITY GOLF (w/ Sacred Hearts Academy) (grades 7th - 12 only)**

**1st Day of Practice:** Monday, Feb 12th 3:30 PM - 5:00 PM at Ala Wai Golf Course Driving Range  
Practices will continue Tues / Wed / Thurs (3x / wk) 3:30 PM - 5:00 PM @ Ala Wai Golf Course Driving Range/Course  
Coaches: Nathan Lopez (Email: naturalhitter10@gmail.com )

**VARSAITY TENNIS (w/ Maryknoll) (grades 9-12 only)**

**1st Day for Tryouts** (grades 9-12): Monday, Feb. 12th 4:00 PM - 6:00 PM @ Keehi Lagoon Tennis Courts  
Practices will continue Monday - Friday 4:00 PM - 6:00 PM @ Keehi Lagoon Tennis Courts  
Head Coach: Steve Ando (Email: steveando27@gmail.com)

**INTERMEDIATE & VARSITY WATER POLO (w/ Le Jardin Academy) (grades 7 - 12 only)**

**1st Day of Tryouts** (grades 7-12): Monday, Feb. 12th 4:00 - 6:00 PM @ Le Jardin Academy Pool  
\*LP students need to tryout & make the team, priority will be given to LJA students  
Practice Schedule: To be Announced.  
(\*\* La Pietra school van does not provide transportation to practice sites outside of Honolulu)

**6th GRADE BASKETBALL ( 6th grade only)**

**1st Day of Practice:** Tues Feb 20th from 3:15 PM - 4:30 PM @ La Pietra Gym/Outdoor Court

Practices will continue Tues & Thurs 3:15 PM - 4:30 PM @ La Pietra Gym/Outdoor Court

(Season will continue through May 3rd)

Head Coach: Barry Brice (Email: brpmhawaii@gmail.com)

**MIDDLE & HIGH SCHOOL ARCHERY (open to grades 6-12)**

**1st Day of Practice:** Mon. Feb 26th from 3:15 - 4:45 PM @ La Pietra Gym

Practices will continue on Mon / Wed 3:15 PM - 4:45 PM @ La Pietra Gym

\*\* There will be optional practices during Spring Break (March 18 - 29)

Coaches: Brent Trujillo (btrujillo@lapietra.edu) & Ross Kinsler (rkinsler@lapietra.edu)

**\*\* PLEASE MAKE SURE THAT YOU HAVE SIGNED UP ON THE SPRING SIGN-UPS FORM OR HAVE CONTACTED MR. KINSLER PRIOR TO ATTENDING ANY PRACTICES SO THAT YOUR ATHLETIC PARTICIPATION CLEARANCE CAN BE VERIFIED. MAHALO!**

