

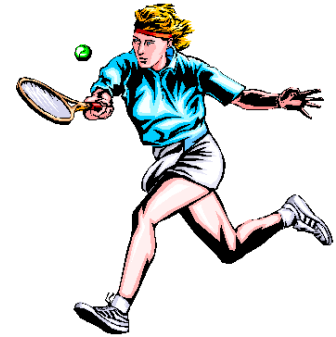
La Pietra Sixth Grade Tennis 2025

Coach: Ross Kinsler

Student Assistant: Abby Moe (3 yr. LP Varsity Student-Athlete)

Emphasis on:

- **Having fun!**
- **Developing sportsmanship & fair play**
- **Learning the rules of the game**
- **Introduction to basic techniques**
 - (Forehand, Backhand, Serving, Returns, Volleys, etc.)
- **Proper Dynamic Warmups and Cooldowns**



START DATE: **January 13th @ 3:30 PM – 4:30 PM**
on La Pietra Campus Tennis Court

PRACTICE DATES: **Jan. 13th, 15th, 22nd, 27th, 29th**
Feb. 3rd, 5th, 10th

TIMES: 3:30 PM – 4:30 PM

Contact:

Coach/Athletic Director Ross Kinsler at rkinsler@lapietra.edu or call at (808) 282-8300

Student Assistant Abby Moe at amoe@lapietra.edu

Equipment:

Girls will need athletic attire & athletic shoes but rackets and balls are provided if needed.