



**La Pietra Panthers**  
**6th Grade CSAL Volleyball**  
**2024 – 2025 School Year**

**Head Coach:** Miya Huang (LP Faculty)  
Email: [mhuang@lapietra.edu](mailto:mhuang@lapietra.edu)

**Student Assistant:** Emma Grace Hirata  
(La Pietra Varsity Volleyball Student-Athlete)

**Athletic Director:** Ross Kinsler      Email: [rkinsler@lapietra.edu](mailto:rkinsler@lapietra.edu)  
Mobile: (808) 282-8300

Emphasis on:

- Developing enthusiasm for the game (having fun)
- Developing sportsmanship & fair play
- Learning the rules of the game
- Introduction to the basic principles of volleyball  
(passing, setting, hitting, serving, etc.)
- Developing teamwork

**Season Schedule:**

- Practices begin **Friday, October 4, 2024 at 3:15 PM**

**Practice Days will be:**

**Wednesdays & Fridays from 3:00 – 4:15 PM** in the La Pietra Gym or Outdoor Court/Great Lawn. Players should be dressed in t-shirts, shorts, and athletic shoes by 3:00 PM ready to practice and have fun. Volleyball knee pads are strongly recommended for all players on the team to wear as well (available online, at *McCully Bicycle & Sporting Goods*, or *Candy's Volleyball Supply*).

**CSAL Games:** Games will begin the last week of October and continue through the first week of December. The schedule is forthcoming. All CSAL volleyball games are on weekdays and begin at 3:45 PM or 4:15 PM. Games will be played at La Pietra and at other CSAL school sites.

