



**2024 - 2025 LA PIETRA SPRING SPORTS OFFERINGS,
START DATES, COACHES CONTACT INFO
(updated 1/16/25)**

6th GRADE TENNIS (grade 6 only)

1st Day of Practice: Monday, Jan 13th from 3:30 PM - 4:30 PM on the La Pietra Tennis Court
Practices will continue on Mondays / Wednesdays through Feb. 10th
Coach: Ross Kinsler (Email: rkinsler@lapietra.edu)
Student Assistant: Abby Moe (amoe@lapietra.edu)

Pac-5 INTERMEDIATE & VARSITY SOFTBALL (grades 7 - 12 only)

Intermediate: 1st Day of Tryouts Begins Monday, Jan 13th 4:00 PM - 6:00 PM @ Sand Island Field
Practices will continue Mon - Fri 4:00 PM - 6:00 PM @ Sand Island Field
Varsity: 1st Day of Tryouts Begins Monday, Feb. 3rd 4:00 PM - 6:00 PM Sand Island Field
Practices will continue Mon - Fri 4:00 PM - 6:00 PM @ Sand Island Field
Head Coach: Blake Lau (Email: Blau1961@hotmail.com)

PAC-5 INTERMEDIATE, JV, & VARSITY JUDO (grades 7th - 12th only)

1st Day of Practice: Tuesday, February 4th 4:00 PM - 6:00 PM
at Cedar Assembly of God Church (620 Waipa Lane, Honolulu, 96817)
Practices continue Tues-Thurs 4:00 PM-6:00 PM + Sat & Sun 2:00 PM-4:00 PM @ Cedar Assembly of God Church
** Wednesday practices will be @ Pacific Buddhist Academy (1754 Lusitana St, Honolulu, HI 96813)
Head Coach: Duane Nakamura (Email: duanenakamura1970@gmail.com)

LA PIETRA INTERMEDIATE, JV, & VARSITY TRACK (w/ SHA) (7th - 12th grade only)

1st Day of Intermediate Practice: Tuesday, Jan 21st 3:30 PM - 5:30 PM @ Sacred Hearts Academy
1st Day of JV/Varsity Practice: Monday, Feb 3rd 3:30 PM - 5:30 PM @ Kaimuki HS Track
Practices will continue: Mon / Wed / Fri 3:30 PM - 5:30 PM @ SHA, IOL, or Kaimuki HS Track
Head Coach: Lew Biven (Email: lewbiven@gmail.com)

VARSAITY SAILING (w/ Sacred Hearts Academy) (9th - 12th grade only)

1st Day of Tryouts: Wednesday, February 5th from 4:00 PM - 5:30 PM at the Hawaii Yacht Club
Practices will continue on Mondays / Wednesdays or Tues/Thurs through April 30th
once tryouts are completed
Head Coach: Melody Hernandez (Email: fernandez2020melody@gmail.com)

INTERMEDIATE & VARSITY GOLF (w/ Sacred Hearts Academy) (grades 7th - 12 only)

1st Day of Practice: Tues. Feb 4th 3:30 PM - 5:00 PM at Ala Wai Golf Course Driving Range
Practices will continue Tues / Wed / Thurs (3x / wk) 3:30 PM - 5:00 PM @ Ala Wai Golf Course Driving Range/Course
Coaches: Nathan Lopez (Email: naturalhitter10@gmail.com)

VARSAITY TENNIS (w/ Maryknoll) (grades 9-12 only)

1st Day for Tryouts (grades 9-12): Monday, Feb. 10th 4:00 PM - 6:00 PM @ Keehi Lagoon Tennis Courts
Practices will continue Monday - Friday 4:00 PM - 6:00 PM @ Keehi Lagoon Tennis Courts
Head Coach: Steve Ando (Email: steveando27@gmail.com)

INTERMEDIATE & VARSITY WATER POLO (w/ Le Jardin Academy) (grades 7 - 12 only)

1st Day of Tryouts (grades 7-12): Monday, Feb. 17th 4:00 - 6:00 PM @ Le Jardin Academy Pool
*LP students need to be on the team, priority will be given to LJA students
Practice Schedule: To be Announced.
(** La Pietra school van does not provide transportation to practice sites outside of Honolulu)

6th GRADE BASKETBALL (6th grade only)

1st Day of Practice: Tues. Mar 4th from 3:15 PM - 4:30 PM @ La Pietra Gym/Outdoor Court

Practices will continue Tues & Thurs 3:00 PM - 4:15 PM, Fri 2:50 - 4:15 PM @ La Pietra Gym/Outdoor Court

(Season will continue through May 2nd)

Head Coach: Barry Brice (Email: brpmhawaii@gmail.com)

MIDDLE & HIGH SCHOOL ARCHERY (open to grades 6-12)

1st Day of Practice: Mon. Mar 3rd from 3:15 - 4:45 PM @ La Pietra Gym

Practices will continue on Mon / Wed 3:15 PM - 4:45 PM @ La Pietra Gym

** There will be optional practices during Spring Break (March 14 - 28)

NASP Hawaii State Championships on Saturday, April 5th @ Wahiawa Middle School

Coaches: Brent Trujillo (btrujillo@lapietra.edu) & Ross Kinsler (rkinsler@lapietra.edu)

**** PLEASE MAKE SURE THAT YOU HAVE SIGNED UP ON THE SPRING SIGN-UPS FORM OR HAVE CONTACTED MR. KINSLER PRIOR TO ATTENDING ANY PRACTICES SO THAT YOUR ATHLETIC PARTICIPATION CLEARANCE CAN BE VERIFIED. MAHALO!**

