



**2024 - 2025 LA PIETRA WINTER SPORTS OFFERINGS,
START DATES, COACHES CONTACT INFO**
(updated 9/23/24)

INTERMEDIATE BASKETBALL (7th - 9th grade)

Tryout Dates: Wednesday, Oct. 9th - 11th 3:15 PM - 4:45 PM @ La Pietra Gym

Practices will continue Monday - Friday 3:15 PM - 4:45 PM in October and Mon/Wed/Thurs/Fri in November 3:15 PM - 4:45 PM @ La Pietra Gym

Coach: Barry Brice (Email: brpmhawaii@gmail.com)

VARSITY BASKETBALL (9th - 12th grade)

1st Day for Varsity Tryouts: Monday, November 4th, 4:45 PM - 6:30 PM @ La Pietra Gym

Practices will continue through the start of February Mon - Fri 5:00 PM - 6:45 PM @ La Pietra Gym

Head Coach: Aythana Castillo Flores (Email: acastilloflores@lapietra.edu)

JV & VARSITY PRECISION AIR RIFLERY (9th - 12th grade)

Tryout Start Date: Monday, November 11th 4:00 - 6:00 PM @ Our Redeemer Lutheran

Practices will continue through October Mon - Fri 4:00 PM - 6:00 PM @ Our Redeemer Lutheran

Head Coaches: Robynn & Yuji Hata (Email: hatas@hawaii.rr.com)

INTERMEDIATE TENNIS w/ Sacred Hearts (7th - 9th grade)

1st Day of Tryouts: Monday, October 28th 4:00 - 6:00 PM @ Kaimuki HS Tennis Courts

Practices will continue through December Mon - Fri 4:00 - 6:00 PM @ Kaimuki HS Tennis Courts

Head Coach: Keawe Ayau (Email: keawenuiaumi@gmail.com)

Tennis Program Director: Chris Ma (Email: machriswh@gmail.com)

6th GRADE VOLLEYBALL (6th grade only)

1st Day of Practice: Friday, October 4th 3:00 PM - 4:15 PM at La Pietra Gym/Outdoor Court

Practices will continue through the start of December Wed & Fri 3:00 PM - 4:15 PM at La Pietra Gym/Outdoor Court

Head Coach: Miya Huang (Email: mhuang@lapietra.edu)

Student Assistant: Emma Grace Hirata

PAC-5 JV & VARSITY CANOE PADDLING (9th - 12th grade)

1st Day of JV/Varsity Practice: Monday, November 4th 4:00 PM - 6:00 PM @ Ala Wai Clubhouse

Practices will continue through February Mon - Fri 4:00 PM - 6:00 PM @ Ala Wai Clubhouse

Head Coach: David Ahia (Email: dahia919@gmail.com)

PAC-5 INTERMEDIATE, JV, & VARSITY SOCCER (7th - 12th grade)

1st Day of Intermediate Tryouts: Monday, October 14th 4:00 PM - 6:00 PM @ Kapiolani Park

Practices will continue through December Mondays - Fridays 4:00 PM - 6:00 PM @ Kapiolani Park

1st Day of JV Tryouts: Monday, October 21st 4:00 PM - 6:00 PM @ Kapiolani Park

Practices will continue through January Mondays - Fridays 4:00 PM - 6:00 PM @ Kapiolani Park

1st Day of Varsity Tryouts: Monday, October 28th 4:00 PM - 6:00 PM @ Kapiolani Park

Practices will continue through February Mondays - Fridays 4:00 PM - 6:00 PM @ Kapiolani Park

Pac-5 Girls Soccer Coordinators: Ryan Leong (Email: keaheboy@yahoo.com)

& Richard Wentling (Email: rich96792@hotmail.com)

PAC-5 INTERMEDIATE, JV, & VARSITY SWIMMING (7th - 12th grade)

1st Day of Practice: Monday November 4th 4:00 PM - 6:00 PM @ La Pietra Pool

Practices will continue through February Mondays - Fridays 4:00 PM - 6:00 PM @ LP Pool

Head Coach: Bill Brady (Email: williambrady86@gmail.com)

PAC-5 INTERMEDIATE & VARSITY WRESTLING (grades 7th - 12th)

1st Day of Intermediate Practice Monday October 14th 4:00 - 5:30 PM @ TBA

1st Day of JV/Varsity Practice Monday, November 11th 4:00 - 6:30 PM @ TBA

Practices will continue Mondays - Fridays 4:00 PM - 6:30 PM at same practice site

Head Coach: Jaz Cockett (Email: jaz_kaleihua@gmail.com)

**** If you have additional questions regarding the Winter Sports Season, please contact
Athletic Director Ross Kinsler Email: rkinsler@lapietra.edu Tel. (808) 922-2744**